## Fostering Mental Health and Wellness with Universal Social-Emotional and Behavioral Supports

## References

- I. https://www.apa.org/pi/families/resources/mental-health-needs.pdf
- II. Sprague, J., & Walker, H. (2000). Early identification and intervention for youth with antisocial and violent behavior. *Exceptional Children*, *66*(3), 367-379.
- III. Rones, M., & Hoagwood, K. (2000). School-based mental health services: A research review. *Clinical Child and Family Psychology Review*, *3*(4), 223-241.
- IV. Suldo, S. M., & Shaffer, E. J. (2008). Looking beyond psychopathology: The dual-factor model of mental health in youth. *School Psychology Review*, *37*(1), 52-68.
- V. Suldo, S. M., Thalji-Raitano, A., Kiefer, S. M., & Ferron, J. M. (2016). Conceptualizing high school students' mental health through a dual-factor model. *School Psychology Review*, *45*(4), 434-457.
- VI. Antaramian, S., Huebner, E. S., Hills, K. M., & Valois, R. F. (2010). A dual-factor model of mental health: Toward a more comprehensive understanding of youth functioning. *The American Journal of Orthopsychiatry*, *80*, 462–472.
- VII. Montgomery, C., & Rupp, A. A. (2005). A meta-analysis for exploring the diverse causes and effects of stress in teachers. *Canadian Journal of Education/Revue canadienne de l'éducation*, 458-486.
- VIII. Substance Abuse and Mental Health Services Administration. SAMHSA's Concept of Trauma and Guidance for a Trauma Informed Approach. HHS Publication No. (SMA) 14-4884. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2014
  - IX. <u>https://www.nasponline.org/resources-and-publications/resources-and-podcasts/mental-health/prevention-and-wellness-promotion/building-resiliency-helping-children-learn-to-weather-tough-times</u>
  - X. <u>https://casel.org/webinars/building-resilience-to-support-ourselves-others-our-students-featuring-mark-greenberg-christa-turksma-and-velma-cobb/</u>